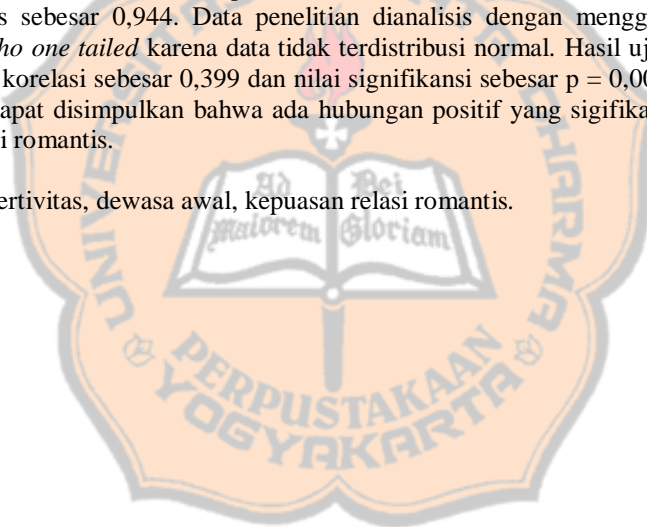# HUBUNGAN ANTARA ASERTIVITAS DAN KEPUASAN RELASI ROMANTIS PADA DEWASA AWAL

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ABSTRAK

Penelitian ini bertujuan untuk mengetahui hubungan antara asertivitas dan kepuasan relasi romantis pada dewasa awal. Hipotesis yang diajukan dalam penelitian ini adalah adanya hubungan positif antara asertivitas dan kepuasan relasi romantis pada dewasa awal yang sedang berpacaran. Subjek dalam penelitian ini adalah 511 dewasa awal baik pria maupun wanita berusia 18-29 tahun yang sedang berpacaran. Penelitian ini merupakan penelitian kuantitatif dengan teknik pengambilan sampel *voluntary sampling*. Metode pengumpulan skala dalam penelitian ini menggunakan dua skala model Likert, yaitu skala asertivitas dan skala kepuasan relasi romantis. Uji coba skala menghasilkan koefisien reliabilitas pada skala asertivitas sebesar 0,838 dan pada skala kepuasan relasi romantis sebesar 0,944. Data penelitian dianalisis dengan menggunakan teknik korelasi *Spearman's Rho one tailed* karena data tidak terdistribusi normal. Hasil uji korelasi menunjukkan skor koefisien korelasi sebesar 0,399 dan nilai signifikansi sebesar p = 0,00 (p<0,01). Berdasarkan hal tersebut, dapat disimpulkan bahwa ada hubungan positif yang sigifikan antara asertivitas dan kepuasan relasi romantis.

Kata kunci: asertivitas, dewasa awal, kepuasan relasi romantis.

CORRELATION BETWEEN ASSERTIVENESS AND ROMANTIC RELATIONSHIP SATISFACTION IN EMERGING ADULTHOOD

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ABSTRACT

This research aimed to know the correlation between assertiveness and romantic relationship satisfaction in emerging adulthood. The hypothesis proposed in this research that there was a positive correlation between assertiveness and romantic relationship satisfaction in emerging adulthoods who were in a dating relationship. The subjects of this research were 511 emerging adulthoods both male and female who were 18-29 years old and in a dating relationship. This research was a quantitative research with voluntary sampling. The method of data collection in this research used two Likert model scales, namely the scale of assertiveness and the scale of romantic relationship satisfaction. The tryout of scales get reliability of coefficients on assertiveness scale was 0,838 and romantic relationship satisfaction scale was 0,944. The research data was analyzed using the Spearman's Rho one tailed correlation technique because the data was not normally distributed. The result showed that the value of Spearman's Rho correlation test was r = 0,399 with significance level p = 0,00 (p < 0,01). Based on this, can be concluded that there was a significant positive relationship between assertiveness and satisfaction of romantic relationship.

Keywords: emerging adulthood, assertiveness, romantic relationship satisfaction.